

Christ the King Catholic Church East Greenmount

Serviced by the Priests of the
Society of St. Pius X



May 2024 Newsletter

Month dedicated to Our Lady



On 14 May 1862, Don Bosco dreamed about the battles the Church would face in the latter days. In his dream, the Pope of those days anchors the 'ship' of the Church between two pillars, one with a statue of Our Lady (the Auxilium Christianorum or 'Help of Christians') and the other with a large Eucharistic Host.

St John Bosco wrote about his congregation, the Salesians: ***"The principal objective is to promote veneration of the Blessed Sacrament and devotion to Mary, Help of Christians. This title seems to please the august Queen of Heaven very much."***

Reproduced from <https://anastpaul.com/2018/05/24/feast-of-our-lady-help-of-christians-24-may/>

May 1	St Joseph the Worker
May 9	Ascension of Our Lord
May 19	Pentecost Sunday
May 26	Holy Trinity
May 27	Our Lady Help of Christians (transferred from May 24)
May 30	Corpus Christi

EMBER DAYS

May 22 Ember Wednesday

May 24 Ember Friday

May 25 Ember Saturday

LITURGY IN THE HOME

Pentecost—Whitsun

Red roses should decorate our shrines on Whitsunday; and, when I was a boy, we used to gather buttercups for the same purpose. Morning and evening prayers could include this one: 'O Holy Spirit, soul of my soul, I adore thee: enlighten, guide, strengthen and console me. Tell me what I ought to do, and command me to do it. I promise to be submissive to everything that thou shalt ask and to accept all that thou permittest to happen to me; only show me what is thy will. Amen.'

Christians of old celebrated this feast with games and races and toasted the Church in Whitsun ale, for, after all, this is the Church's birthday. The Church blesses ale in her liturgy as follows: 'Bless, O Lord, this creature, ale, which by thy power has been produced from kernels of grain. May it be a healthful beverage to mankind, and grant that through the invoking of thy name all who drink it may find a help in body and a protection of soul. Amen.'

Toast the Church in ale today.

And, for tea, *Strawberry Cake* with frosting as red as the vestments at Mass on Pentecost:

$\frac{1}{2}$ cake yeast	$\frac{1}{4}$ teaspoon salt
$\frac{1}{2}$ cup warm milk	1 teaspoon grated lemon rind
$2\frac{1}{4}$ cups sifted flour	3 eggs
$\frac{1}{2}$ cup shortening	3 tablespoons sugar

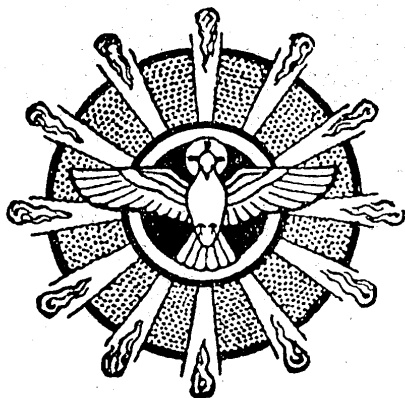
Mix yeast in warm milk with a quarter-cup flour. Cover and let rise until light. Cream shortening and sugar. Add lemon and salt. Beat in eggs one at a time. Add yeast mixture and rest of flour. Beat for fifteen minutes. Pour the bubbling dough into a greased tube pan. Allow the dough to rise until double in bulk. Bake in a moderate oven for forty-five minutes. When the cake is done, remove it from the oven. Turn the pan upside down and let the cake slide out. Stab the bottom of the cake with a long-tined fork. Place the cake in a dish containing:

$\frac{1}{2}$ cup sugar	3 tablespoons rum
$\frac{1}{4}$ cup boiling water	

(Boil the sugar with the water for ten minutes. Then take the syrup from the stove and add the rum.) Allow the cake to absorb the sweet rum flavour. Then spread the top with:

1 cup strawberries	Whole strawberries
$\frac{1}{2}$ cup sugar	

Cook mashed berries with sugar before spreading them on the cake. Use the whole berries to decorate the cake.



COME, HOLY GHOST

Come, Ho-ly Ghost, Cre-a-tor blest,
To Thee, the Com-for-ter, we cry;
All Praise to God the Father be;

And deign with-in our souls to rest;
To Thee the Gift of God most High;
All thanks e-ter-nal Son to Thee;

Come with Thy grace and heavenly aid,
The Fount of life, the Fire of love,
All glo-ry as is ev-er meet,

To fill the hearts which Thou hast made.
The soul's A-noint-ing from a-bove.
To God the Ho-ly Pa-ra-clete.

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The soul's A-noint-ing from a-bove.
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Trinity Sunday

The first Sunday after Pentecost is Trinity Sunday. It's a peculiarly appropriate feast for modern times, because it was started in the days of the Arian heresy—the heresy which stated that Jesus Christ was essentially a very holy man, but not fully the Son of God. This is a heresy which has resurfaced again in our own day: you will find many people saying that Jesus was a revolutionary, or a caring social welfare worker, or a community leader, and that His Death on the Cross was a statement against injustice or an example of martyrdom like that of so many other men and women who have been persecuted for their political convictions down the ages. It is a denial and a distortion of authentic Christian doctrine. Trinity Sunday cuts across the heresies and reminds us of the fundamental truth: that Jesus Christ is God, one of the Trinity with the Father and the Holy Spirit.

Trinity Pineapple Cake

You will need:
4 oz butter or margarine
4 oz castor or granulated sugar
4 oz self-raising flour
two beaten eggs
and for the filling:
3 oz softened butter
5 oz icing sugar
one tin of pineapple slices (NOT chunks)

Cream the butter and sugar together, add the eggs and then the flour. Divide the mixture into two and bake in two well-greased round cake tins for twenty minutes. Turn out and cool.

To make the filling, simply cream together the butter and icing sugar, then add some of the syrup from the tinned pineapple until the mixture is of the right consistency for spreading. Then take three of the pineapple rings and leave them on one side. Slice up the other rings into chunks and add them to the icing mixture. Sandwich the two halves of the sponge cake together with this. Now dredge the top of the cake generously with icing sugar and place the three pineapple rings on it in a Trinity symbol.

You can serve this cake with scoops of vanilla ice-cream or with dollops of thick whipped cream—or both if you like.

“And the spirit of the Lord shall rest upon him:
the spirit of wisdom, and of understanding,
the spirit of counsel, and of fortitude,
the spirit of knowledge, and of godliness.
And he shall be filled with
the spirit of the fear of the Lord.” *Is. 11, 2-3.*

THE FRUITS OF THE HOLY SPIRIT

1. **CHARITY**, which enables us to love God above all things and our neighbour as ourselves, for God's sake.
2. **JOY**, which enables us to serve God with joyful hearts.
3. **PEACE**, which keeps us unmoved in our minds, and helps us to enjoy a perpetual calmness of conscience, in the midst of the storms and tempests of the world.
4. **PATIENCE**, which enables us to suffer willingly and with resignation all the trials of this life for the love of God.
5. **BENIGNITY**, which causes us to conduct ourselves towards others with kindness and sweetness of temper, both in our manners and conversation.
6. **GOODNESS**, by which we avoid injuring others, and are always ready to be of service to others.
7. **LONGANIMITY**, by which we persevere steadfastly in our duty, and never stop or grow weary, whatever trials we may have to endure.
8. **MILDNESS**, which keeps back all motions of passion and anger, and makes a person really amiable and beloved both by God and man.
9. **FIDELITY**, which enables us to keep our engagements and fulfil our promises.
10. **MODESTY**, which enables us to observe a becoming deportment and reservation in all our outward actions, and avoid bestowing an undue amount of praise upon ourselves.
11. **CONTINENCY**, which enables us to restrain and resist carnal inclinations, and become abstemious both in our meat and drink.
12. **CHASTITY**, by which we are enabled to keep a pure soul in a pure body, and have a great love and esteem for angelic purity.



FRUITS OF THE HOLY SPIRIT



All parishioners are invited to join the **Rosary Prayer Group** that meets on Wednesday mornings in Toowoomba. Please see Geoffrey Purcell for details. Devotions begin at 9.30am and continue for about 35 minutes, followed by a cuppa.

Christ the King Church East Greenmount

2 Hodgson Street, East Greenmount

Mass times for May 2024

(Month dedicated to Our Lady)

Date	Time	Details
Sunday 5th May Fifth Sunday after Easter	9.00am	Low Mass
Sunday 12th May Sunday after the Ascension	9.00am	Low Mass
Sunday 19th May Pentecost Sunday First Holy Communions	9.00am	Sung Mass
Sunday 26th May Holy Trinity	Please check Oxley bulletin	Low Mass

PERMANENT NOTICES

Subscriptions/Newsletters/Downloads

Remnant Newspaper	http://remnantnewspaper.com
St Anne's Mothers Group	spx.com.au/en/st-annes-mothers-group
Toowoomba Newsletter	spx.com.au/en/parish-bulletins
Brisbane Parish E-mail List	To become a subscriber complete your details at http://eepurl.com/bzd64f
SSPX Website	spx.com.au/en

Banking Details

Church Account	Society of St Pius X, ANZ Mt Ommaney BSB 014 295 Account No 2597-10714 (For donations)
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